

"Tumble To The Beach!"



INDIANA'S Level 8, 9 & 10 STATE USA GYMNASTICS CHAMPIONSHIPS

Saturday, March 31st and Sunday, April 1st, 2007

HOST: Connersville Gymnastic Ctr Booster Club, Joann Borders, Meet Director Phone# 765-825-2297

440 Ariens Ave. Suite 1

Fax 765-825-4132

Connersville, IN 47331

E-mail: cgctr@verizon.net

SITE: "The Spartan Bowl" located at Connersville Middle School (CHS basketball gym)

1900 Grand Ave., Connersville, IN 47331

L8: Age is determined by the date of the last day of the Regional meet (April 29th).

Level 9 & 10: Age is determined by the last day of the State Meet (April 1st).

Meet format: Session 1-4 Capital Cup (warm up in new gym, compete in the Spartan Bowl)

Session 5 Modified traditional (warm ups immediately precede competition on each event)

Coaches must have a current professional membership card and be safety certified to be on the floor.

Gymnasts not competing in that session must stay in the bleachers.

Equipment: AAI Equipment supplies by Midwest Gym Supply.

Awards: PER USAG RULES AND POLICIES AND IN USAG STATE BOARD RULES

AGE DETERMINATION: P. 20 of the 2006-2007 Wm Program Rules & Policies

Admission: \$6.00 Adults, \$3.00 Children and Seniors Programs \$3.00

Hotels: Woodridge Inn 765-825-4800, 3700 Western Ave, Connersville, IN (1 mile away)

Holiday Inn Express, 765-932-2999, 320 Conrad Harcourt Way, Rushville, IN (about 18 mi)

**Be prepared to turn in L 8, 9 & 10 Regional information and entry fee that day.*

***Please check the team roster for age group and correct spelling.*

Schedule for "Tumble To The Beach!"

Saturday, March 31st

Session #1

L 8 age 13 (43), age 16-up (14)

Coaches Meeting 8:15

Bar settings 8:30-9:00

Warm up flight 1 at 9:00-9:16

March in 9:18

Flight 1 touches/competes 9:30

Flight 2 warms up 1st event

Awards 12:40

Session #2

L 8 age 14(22), 15 (23)

Bar settings 1:00-1:30

Warm up flight 1 at 1:30

March In at 1:45

Flight 1 touches/competes 1:55

Flight 2 warms up 1st event

Awards 4:15

Session #3

L 8 age 8-11 (22), 12(19)

Bar settings 4:30-5:00

Warm up flight 1 at 5:00

March In 5:15

Flight 1 touches/competes 5:25

Flight 2 warms up 1st event

Awards 7:45

Sunday, April 1st

Session #4

L 9: age 12-13(14), age 14(10), age 15(16), age 16up(22)

Coaches Meeting 7:50

Bar settings 8:00-8:30

Warm up flight 1 8:30-8:46

March In 8:48

Flight 1 touches/competes 9:00

Flight 2 warms up 1st event

Awards 12:30

Session #5

L9: age 8-11(5), L10: 9-14(5), 15(8), 16(5), 17up(10)

Bar settings 12:30-1:00

March In 1:05

Warm up 1st event/ compete 1st event

Warm up will be on competition floor.

Awards 4:00

Turn in Regional Information!